G - MW - CM - Roasted Summer Corn

08/07/2019

Nutrition Facts

35 (2.5 per bag) Servings Per Container

Serving size 2 Tbsp unpopped (30g)

	2 Tbsp Unpopped		1 Cup Popped	
Calories	**150**		**35**	
		% Daily Value*		**% Daily Value***
Total Fat	9g	**12%**	2g	**3%**
Saturated Fat	4g	**20%**	1g	**5%**
Trans Fat	0g		0g	
Cholesterol	0mg	**0%**	0mg	**0%**
Sodium	340mg	**15%**	80mg	**3%**
Total Carbohydrate	16g	**6%**	4g	**1%**
Dietary Fiber	3g	**11%**	1g	**4%**
Total Sugars	0g		0g	
Incl. Added Sugars	0g	**0%**	0g	**0%**
Protein	2g		1g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	8mg	0%	2mg	0%
Iron	1mg	6%	0mg	0%
Potassium	58mg	2%	14mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POPCORN, PALM OIL, SALT, NATURAL AND ARTIFICIAL BUTTER FLAVOR, SOY LECITHIN, BETA CAROTENE (FOR COLOR).

CONTAINS MILK, SOY.

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NET WT 2 lb 3 oz (1kg)

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