RTE - CM - 3-Way Cheesy Tin
08/09/2019

Nutrition Facts

	White Cheddar Popcorn		Yellow Cheddar Popcorn		Cheesy Salsa Popcorn	
Servings Per Container	About 4.5		About 4.5		About 4.5	
Serving size	3/4 cup (30g)		3/4 cup (30g)		3/4 cup (30g)	
Amount per serving **Calories**	**180**		**180**		**180**	
		% Daily Value*		% Daily Value*		% Daily Value*
Total Fat	13g	**17%**	13g	**17%**	14g	**18%**
Saturated Fat	2.5g	**13%**	2.5g	**13%**	2.5g	**13%**
Trans Fat	0g		0g		0g	
Cholesterol	0mg	**0%**	0mg	**0%**	0mg	**0%**
Sodium	300mg	**13%**	320mg	**14%**	290mg	**13%**
Total Carbohydrate	13g	**5%**	13g	**5%**	12g	**4%**
Dietary Fiber	2g	**7%**	2g	**7%**	2g	**7%**
Total Sugars	2g		2g		1g	
Includes Added Sugars	0g	**0%**	0g	**0%**	0g	**0%**
Protein	2g		2g		2g	
Vitamin D	0mcg	0%	0mcg	0%	0mcg	0%
Calcium	34mg	2%	40mg	4%	31mg	2%
Iron	0mg	0%	0mg	0%	1mg	6%
Potassium	99mg	2%	104mg	2%	93mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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White Cheddar

INGREDIENTS: Popcorn, Soybean Oil, White Cheddar Seasoning [Whey, Maltodextrin, Salt, Cheddar Cheese (Milk, Salt, Cultures, Enzymes), Buttermilk Powder, Powdered Sugar, Tapioca Dextrin, Sunflower Oil, Cheese Flavor (Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Butter (Sweet Cream, Lactic Acid), Natural Flavor, Salt), Citric Acid, Lactic Acid, Calcium Lactate, Silicon Dioxide (anticaking agent)], Less than 2% of the following: Hydrogenated Soybean Oil, Citric Acid (stabilizer)

Contains Milk and Soy

Net Wt 5.0oz (141g)

Yellow Cheddar

INGREDIENTS: Popcorn, Soybean Oil, Yellow Cheddar Seasoning [Whey powder, Maltodextrin, Salt, Buttermilk Powder, Cheddar Cheese(Milk, Cheese Cultures, Salt, Enzymes), Powdered Sugar, Silicon Dioxide, Extract of Paprika, Lactic Acid, Cheese Flavor (Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Butter (Sweet Cream, Lactic Acid), Natural Flavor, Salt),Sunflower Oil, Calcium Lactate, Citric Acid, Extract of Turmeric, Annatto Extract, Disodium Phosphate, Yellow 5, Yellow 6], Less than 2% of the following: Hydrogenated Soybean Oil, Citric Acid (stabilizer).

Contains Milk and Soy

Net Wt 5.0oz (141g)

Cheesy Salsa

INGREDIENTS: Popcorn, Soybean Oil, Cheesy Salsa Seasoning [Whey, Maltodextrin, Salt, Spices, Cheddar Cheese (Milk, Salt, Cultures, Enzymes), Onion Powder, Buttermilk Powder, Garlic Powder, Powered Sugar, Jalapeno Pepper, Sunflower Oil, Silicon Dioxide, Lactic Acid, Citric Acid, Calcium Lactate, Extract of Tumeric, Cheese Flavor (Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Butter (Sweet Cream, Lactic Acid), Natural Flavor, Salt), Extract of Paprika, Butter Extractives, Disodium Phosphate, Natural Flavor], Less than 2% of the following: Hydrogenated Soybean Oil, Citric Acid (stabilizer)

Contains Milk and Soy

Net Wt 5.0oz (141g)